Mrs Lisa Adams Lavington School Charity Number: The Spring

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Current Status: Application Submitted

1. Project title? (Max. 8 words Eg. Tinkleton Village Youth Transport Project) *required field			
Lavington School Cycle Challenge			

2. Project summary

A group of students, staff and Parents from Lavington School are going to cycle from the School to Paris on the 1st August - 3rd August. This is a charity ride for Bag4Sport foundation but is a project to get the school and local community active and inspired to take on this enormous challenge of 190 mile cycle ride.

The challenge has encouraged students to get active and join local athlefit and cycling clubs. They have also invested time and money into the challenge for example bikes. helmets etc. Also the group are running lots of fundraising events in the community

5. What is the Post Code of where the project is taking place? (If the application is for something that will move around to different locations please insert the post code for where it will be based for the majority of the time.) *required field

SN	N10 4EB				
6. P	Please tell us whi	ch theme(s) y	our project supp	orts: *required f	field
	Informal educat	ion			
	Youth work/dev	elopment			
V	Sport/Leisure				
	Residential				
	Arts/Culture				
	Employment or	training			
~	1:1/group work				
~	Community Pro	ject			
	Community Saf	ety			
	Volunteering				
	Environment				

~	Health	
	Other	

7. About your project

Please tell us about your project (a strong application will address all of the following): *required field

- How does your project support local needs and priorities?
- How have young people been involved in your project so far?
- How many young people to do you expect to benefit?
- How will your project be accessible and affordable?
- How will you encourage volunteering and community involvement?
- How will you ensure your project is accessible to everyone (Disabled, low incomes, vulnerable, etc.)
- How will ensure your project is inclusive?
- How will you work with other community partners?
- •How does your project support local needs and priorities?

From the Young people\'s survey recently completed highlighted the need for sporting opportunities for young people.

•How have young people been involved in your project so far?

Lavington School to Paris Cycle challenge, the young studetns have identified that they need training and support to prepare for this incredible challenge. Students have identified that they need coaching on basic bike skills, group cycling, hydration and nutrition. The challenge is an endurance event and we are currently at about 20 miles a day however we need to be averaging about 70 miles a day there fore we need to professional coaching and advice to allow to be safe on the roads, physically, mentally and social well-being to cope with the pressure.

•How many young people to do you expect to benefit?

27 students are involved in the event. However the event attracted more demand and inspired more students than expected. Some students have since been inspired and would like to see a long lasting legacy of such challenges for 14- 18 year olds in the future.

•How will your project be accessible and affordable?

It was open to all Year 10 and Year 11 students however they was limited spaces. The students are in teams actively funds to reach our £10,000 target which will cover the cost of the actual challenge but not training or equipment.

All students were invited to join the challenge regardless medical, behavioural or learning needs.

•How will you encourage volunteering and community involvement?

So we have looked to interact with the community by supporting the Santa fun run, 24 hour spinathon and community athlefit project.

We have been supported by local businesses B.A plumbing and Heating, finely tuned ride and Haine and Smith.

Staff and parents are supporting the project by joining the cycle ride, volunteering their time and resources!

•How will ensure your project is inclusive?

The aim of the cycle is to fully include everyone\'s needs, the idea is to ensure everyone successfully completes the challenge. Our role as a team is to recognise our individual needs and ensure the training programme meets these requirements.

This challenge is a chance in the lifetime opportunity and something that will inspire us and leave us with brilliant memories. The challenge will motivate us to actively stay involved in sport.

8. Safeguarding

Please tell us about how you will protect and safeguard young people in your project (You must address all of the following): *required field

- Please evidence your commitment to safeguarding and promoting the welfare of children and young people.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Are staff and volunteers Disclosure and Barring Service (DBS) checked and do you hold a central record of this as well as details of staff references.
- Who in your organisation is ultimately responsible for safeguarding?
- How do you ensure that young people are kept safe online when accessing your services?

•Please evidence your commitment to safeguarding and promoting the welfare of young people. How do you make sure staff and volunteers understand their safeguarding responsibilities?

As a school all staff are DBS checked and all parents and charity workers are in the process of DBS checks.

We have produced a thorough risk assessment and shared our safe guarding policy.

•Who in your organisation is ultimately responsible for safeguarding?

The Senior leadership of the school is ultimately responsible, which I am a member.

•How do you ensure that young people are kept safe online when accessing your services?

We have a online safety policy and all our systems in school are filtered and protected students.

9. Monitoring your project

How will you know if your project has been successful

Everyone will have completed the challenge and reached Pairs!

The training sessions will help us build the fitness and mental strength to achieve the challenge. From the challenge and preparation we hope to see an increase in young cyclists on the roads of Wiltshire.

Total Project cost help	£	Please enter in money format with pence but no pound sign or comma or p. Eg 15000.00
Total required from Area Board	£ 2098.07	

Part Two: Please itemise your project expenditure and project income *required

Quick tips:

- 1. List ALL expenditure in a general format eg. Materials 10.00, Tools 5.00
- **2.** List **ALL** income **except the amount required from the Area Board** eg. Donations 20.00 help
- 3. Please enter in money format with pence but no pound sign or comma or p. Eg 15000.00
- **4.** If your organisation reclaims VAT you should exclude VAT from the expenditure
- **5.** Please ensure you **TOTAL** both columns correctly.
- Expenditure column should equal Total project cost in Part One.
- Income column should equal Total project cost minus Total required from the Area Board.
- **6.** Here is an example layout, including how to display in kind contributions <u>help</u>

Itemised Expenditure eg Materials help	£	Itemised Income eg Our reserves	£	Tick if income confirmed
Go Pro camera	£ 1458.87		£	
access to cycle circu	£ 144.00		f	
transport	£ 145.20		\mathbf{f}	
coaching	£ 350.00		£	
	f		f	
	£		f	
	£		£	
	£		£	
	£		f	
	£		f	
Total	£ 2098.07	Total	£	

Do you	have the	follow	ing (pl	lease tic	k any	that a	pply	y)	j:
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Child Protection Policy

Safeguarding Children

V	Procedure for dealing with an allegation against a member of staff or a volunteer
V	Complaints Procedure
V	Public Liability Insurance
V	Health & Safety
V	Whistle blowing policy
V	Internet use policy